

FAMILY CONNECTIONS

Guide to teaching the pillar of respect at home

Treat others with respect; follow the Golden Rule • Be tolerant and accepting of differences • Use good manners, not bad language • Be considerate of the feelings of others • Don't threaten, hit or hurt anyone • Deal peacefully with anger, insults, and disagreements

Dear Parents and Families,

This month we are focusing on the Character Counts Pillar of Respect. Our district believes that every child has the potential to be respectful and we will do all that we can to promote this pillar, but we need your help! Below is a list of ideas to work through with your family!

What CAN YOU DO at home?

- During mealtime, have each family member name a good quality about each other. By focusing on what each person does well, we are appreciating each person's uniqueness. Praise and encourage respectful behavior.
- Discuss and set clear expectations and goals for how to show respect to each other. Complete the sentence: I will show respect for _____ by _____. Let it be known ahead of time what the consequences will be for being disrespectful.
- Model respect for your family and people that you encounter in the community.
- Point out and discuss people or characters that show and exemplify respectful behaviors or traits.
- Model and teach your children good manners and insist that they use them.
- Demonstrate and encourage healthy ways to resolve conflicts both inside and outside of your home.
- Allow your children to solve their own day to day problems. Help when you are asked.
- Visit the library together and find books about different cultures, races, abilities, etc. and read them together.
- Seek out opportunities for your child to meet and make friends with a wide variety of children. Make sure your circle of friends is diverse.
- Talk with your child about the way people are different and the same. Emphasize our common humanity while also appreciating our uniqueness.



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